



Rotary
CLUB CHANDIGARH



ROTARY INTERNATIONAL DISTRICT 3080

Open Hand

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1991-92

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2024-25

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Navigating Nominations and Wills: Safeguarding Your Legacy

On Monday, 17th March 2025, members of the Rotary Club Chandigarh and Rotary Club Chandigarh Uptown gathered for a joint meeting, featuring an insightful session on estate planning and wealth management. Rtn.Awinash Taneja introduced the guest speaker Mr.Rupender Kumari. The guest speaker for the evening, Mr. Rupender Kumari, Ex-Regional Manager of SBJ Industry and an expert in wealth management, delivered a compelling talk on the importance of nominations and wills. The discussion kicked off with a thought-provoking question: How many people have written a will? This simple query underscored a common oversight—many individuals,

despite having significant assets, fail to draft a formal will, leaving their legacy vulnerable to disputes and legal complications. Key Takeaways on Will Writing Mr. Kumari shared essential points to consider when drafting a will, emphasising the importance of clarity and legal compliance: -

1. Personal Identification: The will should begin with an introduction of the testator (the person writing the will), along with their Aadhaar Card number.
2. Mental Soundness: In India, a valid will can only be written by a person who is of sound mind and at least 18 years old.
3. Free Will: The document must be written voluntarily, without any external pressure or coercion.



4. Detailed Asset Listing: Clearly list all properties, financial assets (bank accounts, investments), and personal belongings, specifying full addresses and details.
5. Beneficiary Identification: Each beneficiary should be named with their full name and address to prevent ambiguity.
6. Exclusion of Heirs: If certain heirs are not to receive

a portion of the estate, their names should be explicitly mentioned along with the reason.

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WE MEET EVERY MONDAY AT ROTARY HOUSE AT 6:00 PM

NEXT MEETING

Dr. Vabbhavi Pruthviraj
Ranavaade, Dean Chitkara
Design School Talks to us on
Decoding Slow fashion &
Conscious Consumption
Monday 31 March, 2025 at
Rotary House at 6 PM

ROTARY BOSCH SKILL PROGRAM AT MBCT

The second batch of BOSCH Bridge Course with 20 students started on 11th February at MBCT Community Development Centre, Bassi Pathana. This program is a joint initiative with Rotary Club Chandigarh and Bosch India. It aims to provide skill training and improve employability of the rural youth in the 187 adopted villages of District Fatehgarh Sahib.

Today's session focused on Emotions and Behaviour, discussing how emotions influence our actions and daily life. Students participated actively, shared their thoughts, and engaged in discussions. This initiative is a step toward empowering individuals with industry-relevant skills and creating better career opportunities.



BAAL BAHAR

Innerwheel club visited bal bahar our adopted crèche, they had arranged for the ice cream cart for the children and additionally the children were also given small bags with chips, banana, biscuits, small ball and dental and hygiene kits. Thank to IW Usha Saboo Ji, Pallavi Ji and Shivani (Daughter in Law and Grand Daughter of Usha Saboo Ji) for their

generosity. The children enjoyed their Ice Creams and were very happy. They also gave the computer course fees for the daughter and grand daughter of the help at bal bahar. Thank you Usha Saboo Ji and Roma Malhotra for sponsoring the same



-On World TB day on 20th March 25, our club was honoured at a function in Raj Bhawan by His Excellency Governor of Punjab and UT administrator Sh Gulab Chand Kataria for providing food kits to TB patients.

NEWS

Ashray Gakhar won (runner up) in the sjoba tournament yesterday, in the 0-9 handicap category...



डेंटल कॉलेज में साइबर सुरक्षा पर हुआ सैमीनार



साइबर सुरक्षा पर हुए सैमीनार के दौरान मौजूद छात्राएं।

चंडीगढ़, 12 मार्च (रश्मि हंस): डॉ. हरवंश सिंह जज इंस्टीट्यूट ऑफ डेंटल साइंसेज एंड हॉस्पिटल ने डॉ. हरवंश सिंह जज इंस्टीट्यूट ऑफ डेंटल साइंसेज एंड हॉस्पिटल के रोटारैक्ट क्लब के सहयोग से "साइबर सुरक्षा" पर एक सैमीनार आयोजित किया। इस कार्यक्रम का उद्देश्य आज के डिजिटल युग में साइबर सुरक्षा के महत्व के बारे में जागरूकता बढ़ाना था। डॉ. दीपक गुप्ता ने अपने प्रेरक शब्दों से छात्रों को प्रेरित किया, उन्हें अपनी ऑनलाइन उपस्थिति

और डिजिटल सुरक्षा के प्रति सचेत रहने के लिए प्रोत्साहित किया। सैमीनार का आयोजन डॉ. विवेक कपूर और डॉ. रुचि सिंगला ने किया, जिसमें छात्रा आर.टी.आर. नयना गुप्ता और आर.टी.आर. साक्षी गोयल ने छात्र आयोजकों के रूप में महत्वपूर्ण भूमिका निभाई। इस सैमीनार में बी.डी.एस. फर्स्ट ईयर, बीडीएस सेकंड ईयर के छात्र और प्रशिक्षु शामिल हुए, जिससे यह सभी उपस्थित लोगों के लिए एक मूल्यवान शिक्षण अनुभव बन गया।

On 11th of March, SEMINAR ON CYBER SECURITY AND BULLYING was held by ROTARACT CLUB, HSJ Institute of Dental Sciences and Hospital, Chandigarh. The session was attended by students of BDS 1st, 2nd, 3rd, interns as well as the

faculty members. The speaker, Mr. Gurcharan Singh provided valuable information on safeguarding social media accounts, emails, and to be aware of harmful APK files while also educating about potential threats like spyware. The

session was packed with information and was truly helpful in understanding how cyber security works and he also provided tips to stay protected online. Tips on how to safeguard our phone security were also shared.

World Happiness Day

The Rotaract club, AIMS, Mohali's initiated to create smiles on the occasion of World Happiness Day. The world happiness day is celebrated on 20th March annually as a global event to create smiles, positivity, to elevate community spirit. This year the Rotaract Club of AIMS, Mohali joined the global initiative and organized an event "Meraki'25". This year, our theme was "Sharing and Caring". The purpose of the event was to make the medical students happy by encouraging them to embrace their inner child and reminisce about their early years.



OBJECTIVES: • To foster a positive and supportive environment. • To encourage constructive student interaction. • To empower students by encouraging their

hobbies. • To encourage people to practice simple acts of kindness and gratitude

EVENT ACTIVITIES: • Opening Ceremony and Welcome Address Rtr. Dr. Bhavneet Bharti, Director Principal of AIMS Mohali, gave a warm welcome speech to commence the occasion. The club president, Rtr. Hritka Singh, then gave a summary of the proceedings and underlined the significance of World Happiness Day. "MERAKI'25:

GAMES AND GALA-THE ESSENCE OF YOURSELF" Rotaract Club of AIMS, Mohali "Meraki'25" World Happiness Day Report Date: 20th March 2025

* Happiness and Gratitude wall: At the event, a happiness wall was set up where the attendee could sign their names by leaving their handprints and penning here'll remarks that brought them joy. This was a great opportunity for everyone to voice their thoughts. It quickly transformed into a lively and vibrant location



where agendas could have themselves clicked.

* Interactive games and stalls: The Rotaract club's members set up stalls to provide a fun touch, which was the event's primary highlight. The fun games included: "Ring Toss", "Bowling", "Mini Basketball", "Flip the Cup", "Trivia Tic-Tac", "Get the Balloon Date Ready", "Obstacle Course", "Mystery Box", "Pop the Balloon". In addition to make the players happy, these games were made to promote laughter and essence of camaraderie among the attendees. "The Photobooth", "Poetry Making", "Twist N Loops", "Frieder Bender", "Oracle's Etch", "Babes Charm" promoted interaction.

• Exciting prizes for the winners: The winners received a smiley token to commemorate their victory, and the participants received goodies to foster a sense of participation. The person with the most Smiley tokens was declared the overall winner.

* F&B Stalls: In addition to the Rotaract members, college students who set up booths to display their culinary skills and make people smile with their cuisine also demonstrated their enthusiasm. Stalls were given innovative names: "Chick, please", "Berry Happy Bites", "Coffee Paglu", "MBBS Golgappe Wale", "Bon AppeHte", "Sugar and Spice", "Chill at the Mocktail Stall", "BYOM- Bring Your Own Money", "Drink Shrink", which brought a smile to everybody faces.

Musical Gathering: A camphane musical event (theme: In every note, happiness finds a reason to smile) was organized by our talented



students to showcase their passion for music. • Express mail: At the event, express mail was set up so that guests could send a heart note to their friends, a thank-you card to a special someone, or just positive messages to brighten someone's day. • The Marathon Odyssey: The event's Marathons and races like "Lemon-spoon race", "Caterpillar race" brought a unique sense of joy and nostalgia that goes beyond just the physical activity itself. • Closing ceremony: The closing ceremony commenced air the event where all the attendees were acknowledged by the Rotaract members for the success of the event. Gratitude was expressed to all the volunteers, participants, performers, organizers, décor team.

IMPACT AND OUTCOMES • Engagement: A great sense of community spirit was showcased with participation of over 400 students and faculty. • Positive Feedback: Many expressions of thanks were sent in by the attendees, thanking the event for making their hectic schedules more enjoyable, bringing back fond memories, and facilitating positive interactions with their fellow college students. • Creation of a positive environment: The event generated a positive environment in the community for the participants to engage with each other. • Increased awareness: The Happiness wall became the highlight of the event with numerous messages of joy, gratitude and reflections. The event made the participants realize that happiness could be found in small acts of kindness and simple acts. **CONCLUSION** MERAKI'25 was a remarkable success for the Rotaract club of AIMS, Mohali.

CELEBRATIONS

Birthday Greetings:

26 March Rtn Ashok Tandon 9815164247
28 March Rtn Dr Rosy Katyal 9876000245

Anniversary Greetings:

26 March Rtn Sartaj Lamba & Col R B S Lamba 8725005444
29 March PP Maj B M Singh & Kiran 9876226688

With Best Compliments from
Rtn Jagesh Khaitan



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Navigating Nominations and Wills...

7. **Precise Asset Distribution:** Clearly state the portion of each asset assigned to beneficiaries to avoid disputes.
 8. **Heirs' Non-Involvement:** Beneficiaries should not participate in the writing process, ensuring the will remains legally unchallengeable.
 9. **Appointment of an Executor:** A trustworthy executor should be designated to oversee the execution of the will as per the testator's wishes.
 10. **Legal Adherence:** The will should comply with the Indian Succession Act, 1925.
 11. **Signature and Witnesses:** The will must be signed by the testator (matching the signature on their Aadhaar or PAN card) and attested by at least two independent witnesses who are not beneficiaries.
 12. **Will Registration:** While not mandatory, registering the will can serve as conclusive proof of its authenticity and execution.
- Understanding Probate and Succession The session also covered crucial legal processes



related to wills:-

- **Probate:** After a person's passing, the executor can apply for probate, a court-supervised process to validate the will and ensure its execution.
 - **Succession:** This refers to the legal process of distributing the deceased person's assets, especially bank savings, as per the instructions outlined in a valid will.
- Comprehensive Asset Listing in a Will To ensure an effective will, a detailed listing of assets is crucial:-
- **Property:** Include full addresses, names of joint owners, and area specifications.
 - **Financial Assets:** Provide account numbers and the value of assets at the time of writing.

• **Personal Belongings:** List valuables such as jewelry, paintings, and other collectibles, along with their location.

• **Future Assets:** A will can include a clause to cover assets acquired or inherited after its drafting.

Mr. Kumari also highlighted that if an individual intends to distribute assets equally among heirs, there may be no need to draft a will. However, it is advisable to update the will periodically, especially when major life circumstances change. A Thought-Provoking Discussion The session concluded with an engaging Q&A session, where members raised pertinent queries on legal intricacies, asset protection, and inheritance planning. The discussion provided invaluable insights into the significance of will-writing in securing one's legacy. Dr. Amit Behl delivered the formal vote of thanks, appreciating Mr. Kumari's expertise. The fellowship was hosted by the club. The evening ended on a note of deep reflection, with attendees gaining a newfound appreciation for the importance of safeguarding their financial legacies through well-drafted wills.

By R'Ann.Ar.Aradhana Gakhar

Know Your member

Dr Amit Bahl (MD, DNB, MNAMS) a Professor, Radiotherapy & Oncology PGIMER, Chandigarh with Field of Specialization

- Head and Neck Cancers
- Bone & Soft Tissue Sarcomas
- Concurrent chemo radiotherapy in solid tumors
- Intensity Modulated & Image Guided Radiotherapy
- Perioperative Brachytherapy

Got the Education in

- MD Radiotherapy, AIIMS, New Delhi
- DNB (Radiotherapy), National Board of Examinations

Professional Background

- Professor Radiation Oncology PGIMER, Chandigarh
- Additional Professor, Radiation Oncology PGIMER, Chandigarh
- Assistant Professor Clinical Oncology, Delhi State Cancer Institute

Besides these education, he was awarded

- 2023 Australia & New Zealand Head Neck Cancer Society Travelling

Lectureship Award, Australia

- 2019 International Innovation Grant from the American Society of Clinical Oncology, USA
- 2016 International Outreach Cancer Prevention



Grant from American Head & Neck Society and Head & Neck Cancer Alliance, USA

- 2015 European Society for Radiotherapy & Oncology (ESTRO) Mobility Grant, Belgium
- 2014 Developing Nations Award & Travel Grant. 16th World Gastrointestinal Cancer Conference,

Spain.

- 2013 International Development and Education Award (IDEA) from American Society of Clinical Oncology, USA
- 2005 Developing Nations Award & Travel Grant. 11th World Conference on Lung Cancer Barcelona, Spain.
- 2004 Geeta Mittal Award, for Clinical Research in Oncology, AIIMS New Delhi, India
- 2004 Best paper presentation award in International Cancer Congress, New Delhi, India
- 2004 Awarded Membership of National Academy of Medical Sciences

He is associated with Membership Professional Bodies which includes • Member Association of Radiation Oncologist of India (AROI) • Member Indian Brachytherapy Society (IBS) • Member American Society of Clinical Oncology (ASCO) • Member European Society of Medical Oncology (ESMO) • Member European Society for Radiotherapy & Oncology (ESTRO)

